

Evidence Used and Rationale
Kimberley Clinical Guidelines
Ischaemic Heart Disease (IHD)

Head Writer:

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Discussion points:

- Information has been streamlined and reformatted.
- Additional information provided to best prepare patients for stress testing.
- More detail in lifestyle modifications and advice.
- Made more succinct, last protocol repeated same management for IHD, stable angina and post Myocardial infarction.
- Wording changed so that all staff can use this protocol.
- Additional information about documenting management plans and medications.

Resources and References:

- Previous Kimberley Clinical Guideline: IHD (Last reviewed in 2017)
- “Red Book” – RACGP Primary Care Guidelines
- Australian Family Physician Guideline “Secondary Prevention of CHD” – Vol 34, No. 6, June 2005
- Absolute CVD disease risk management: Quick reference guide (National Vascular Disease Prevention Alliance)
- CVD resources (Heart Foundation and Australian Chronic Disease Prevention Alliance)
- Health Professional Tools (Heart Foundation)
- Kimberley Clinical Guidelines (KAHPF)
- Kimberley Standard Drug List (KSDL) (KAHPF)

Endorsed by the Kimberley Aboriginal Health Planning Forum out of session 27/10/23